



Aesthetic Dental Spa Combines Cosmetic Dentistry With The Services Of Aesthetician Pamela Chermelj

Background: The Aesthetic Dental Spa features one of Vienna, Virginia's premier cosmetic dentists, Dr. Alex Naini and a dental office that will remind you more of an exclusive spa. And while you're getting that beautiful smile you can receive medspa services in the same inviting environment by another accomplished professional, aesthetician Pamela Chermelj. Pamela who has a background in chemistry attended Basic and Medical Aesthetic training schools as well as many advanced classes in traditional and holistic skin care. She mentored with dermatologists who were pioneers in the field of laser therapy and received her certifications to perform a variety of laser procedures.

INTERVIEW

Q: Pamela can you tell us what some of the medspa and laser services you offer at Aesthetic Dental spa?

A: Chemical Peels, Medical Grade Microdermabrasion, Laser Hair Removal, Body Sculpting Laser, Cellulite Laser, Skin Tightening Laser, PhotoFacial Laser and Facial Resurfacing Laser.

Q: What is your philosophy about the services and procedures you perform?

A: When working with my patients it is so important for me spend time with them, listening to their needs, sharing with them what I see, sharing with them their options, planning their journey to healthy skin whether it is in baby steps by starting with products for their home protocol or working with lasers. My education is ongoing as I believe knowledge is power and I love to share my knowledge with my patients.

Q: There are constantly improving lasers and I understand you have one of the most state of the art lasers at Aesthetic Dental spa--can you tell us what it is and what it is capable of doing?

A: In keeping up with the most state of the art lasers, at Aesthetic Dental Spa we have chosen to utilize Alma Lasers. We utilize the Harmony XL with integrated epidermal contact cooling exchangeable hand pieces so I am able to go from a Photofacial to skin tightening to a

Fractional resurfacing to a Pain Free Laser Hair Removal treatment all on the same patient in the same room with the same machine. We also offer the Accent Laser which is a Radio Frequency (RF) based platform utilized for fat reduction, skin tightening and cellulite.

Q: It's a bit confusing about which laser treatment is the best for aging or sun damaged skin since you hear about Photo Rejuvenation, IPL and Fraxel and maybe there are even more than that. How do you know which one is best for the results you want?

A: Do your homework (research on the web) on laser treatments, talk to your friends, coworkers who may have had work done and get their recommendations. Schedule appointments with several laser specialists and have a list of questions for them, get to know who you would feel comfortable with and who you would entrust your face with. A good source for non-biased information is theconsultingroom.com.

Q: What about laser hair removal?

A: At the Aesthetic Dental Spa we have the new generation of laser hair removal, Pain Free Hair Free. The systems unique IN-Motion technology, along with the sweeping motion of the laser, safely and gently heats the targeted area under your skin while you stay comfortable, allowing us to treat all types of skin.

Q: Are patients generally pleased with the results from the various laser procedures?

A: First of all, I never recommend a product or treatment that would not benefit a patient. I genuinely care about my patients so I always allow myself plenty of time with my patients. I am always inquiring about how their last laser treatment was, how was their healing time, what changes have they seen and am always going over pre and post care with them. These questions determine if I need to change the settings for their treatments so that I know I will give them the best results possible. Today, more and more women do not want invasive treatments therefore they are turning to lasers because they have come a long way and are able to achieve excellent results if performed by a very knowledgeable technician

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